

# Nutrition Facts

24 servings per container

**Serving size** 1 Portion (170g)

**Amount Per Serving**

**Calories** **400**

% Daily Value\*

**Total Fat** 24g **31%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 135mg **45%**

**Sodium** 530mg **23%**

**Total Carbohydrate** 18g **7%**

Dietary Fiber < 1g **2%**

Total Sugars 2g

Includes < 1g Added Sugars **1%**

**Protein** 28g **56%**

Vitamin D 0.2mcg **0%**

Calcium 112mg **8%**

Iron 1.9mg **10%**

Potassium 401mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.