

Nutrition Facts

24 servings per container

Serving size 1 Portion (170g)

Amount Per Serving

Calories **230**

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 75mg 25%

Sodium 230mg 10%

Total Carbohydrate 18g 7%

Dietary Fiber < 1g 2%

Total Sugars 7g

Includes 6g Added Sugars 12%

Protein 26g 52%

Vitamin D 0.1mcg 0%

Calcium 76.9mg 6%

Iron 1.1mg 6%

Potassium 390mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.