

Nutrition Facts

40 servings per container

Serving size 4 oz (113g)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 470mg **20%**

Total Carbohydrate 20g **7%**

Dietary Fiber < 1g **3%**

Total Sugars 2g

Includes < 1g Added Sugars **2%**

Protein 3g **6%**

Vitamin D 0.1mcg **0%**

Calcium 72.4mg **6%**

Iron 0.8mg **4%**

Potassium 145mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.