

Nutrition Facts

40 servings per container

Serving size 4 oz (113g)

Amount Per Serving

Calories **180**

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 590mg **26%**

Total Carbohydrate 24g **9%**

Dietary Fiber < 1g **2%**

Total Sugars 2g

Includes < 1g Added Sugars **2%**

Protein 5g **10%**

Vitamin D 0.2mcg **0%**

Calcium 138mg **10%**

Iron 1.4mg **8%**

Potassium 68.5mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.